

May 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Spinach Salad with Bacon & Chicken Whole Wheat Dinner Roll Whole Wheat Crackers Fresh Pineapple	2 Reuben Red Lentil Salad Fresh Honeydew Melon	3 Chicken Caprese Salad Whole Wheat Dinner Roll Whole Wheat Crackers Fresh Fruit Salad	4
5	6 Roast Beef & Cheddar Sandwich Red Lentil Salad Fresh Pear	7 Chicken Club Sandwich Carrot Raisin Salad Fresh Fruit Salad	8 Steak and Spinach Sandwich Tomato and Onion Salad Fresh Apple Slices	9 Turkey Swiss Wrap Coleslaw Fresh Grapes	10 Beet, Orange, & Spinach Salad with Chicken Whole Wheat Dinner Roll Fresh Orange	11
12	13 Beef Thai Salad Whole Wheat Dinner Roll Fresh Pear	14 Egg Salad Sandwich Cucumber Onion Salad Fresh Honeydew Melon	15 Chicken Salad with BBQ Ranch Whole Wheat Crackers Fresh Pear	16 Turkey and Cheese Hoagie Red Lentil Salad Fresh Apple Slices	17 California Tuna Salad Wrap Carrot Raisin Salad Fresh Orange	18
19	20 Chicken Caesar Salad Whole Wheat Dinner Roll Whole Wheat Crackers Fresh Honeydew Melon	21 Italian Sandwich Coleslaw Fresh Apple Slices	22 Spinach Salad with Bacon & Chicken Whole Wheat Dinner Roll Whole Wheat Crackers Fresh Pineapple	23 Reuben Red Lentil Salad Fresh Honeydew Melon	24 Chicken Caprese Salad Whole Wheat Dinner Roll Whole Wheat Crackers Fresh Fruit Salad	25
26	27 Roast Beef & Cheddar Sandwich Red Lentil Salad Fresh Pear	28 Chicken Club Sandwich Carrot Raisin Salad Fresh Fruit Salad	29 Steak and Spinach Sandwich Tomato and Onion Salad Fresh Apple Slices	30 Turkey Swiss Wrap Coleslaw Fresh Grapes	31 Beet, Orange, & Spinach Salad with Chicken Whole Wheat Dinner Roll Fresh Orange	